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**PATIENT**

First Name: \_\_\_\_\_ Address: \_\_\_\_\_  
Last Name: \_\_\_\_\_ Address 2: \_\_\_\_\_  
Name you prefer to be called: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
(Nickname, etc.)

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Driver's License Number: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Sex: ☐ Male ☐ Female  
Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed  
Email Address: \_\_\_\_\_

- ☐ I would like to be contacted by text message regarding appointment notifications.  
☐ I would like to be contacted by email regarding appointment notifications.

Employer: \_\_\_\_\_ Spouse's Employer: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Occupation: \_\_\_\_\_

**RESPONSIBLE PARTY**

Relationship to Patient: \_\_\_\_\_ Driver's License Number: \_\_\_\_\_  
☐ Self (Same info as above) Address: \_\_\_\_\_  
☐ Spouse Address 2: \_\_\_\_\_  
☐ Other \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
First Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Last Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Is another member of your family or relative a patient at our office? ☐ Yes ☐ No  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Who can we thank for referring you to our office? \_\_\_\_\_

1. Physician's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

2. Have you taken any medications or drugs during the past 2 years? ☐ Yes ☐ No  
If so, please list below: \_\_\_\_\_

3. Are you taking any medications, drugs or pills at the present? ☐ Yes ☐ No  
If so, please list below: \_\_\_\_\_

4. Are you aware of having an allergic (or adverse reaction) to any medication or substance? If so, please list: ☐ Yes ☐ No

5. Please check any of the following that you have had, or have at the present:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Heart (Surgery, Disease, Attack)   | <input type="checkbox"/> Ulcers             | <input type="checkbox"/> Hepatitis A (infections) B (Serum) |
| <input type="checkbox"/> Chest Pain                         | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Venereal Disease                   |
| <input type="checkbox"/> Congenital Heart Disease           | <input type="checkbox"/> Thyroid Problems   | <input type="checkbox"/> A.I.D.S                            |
| <input type="checkbox"/> Heart Murmur                       | <input type="checkbox"/> Glaucoma           | <input type="checkbox"/> H.I.V. Positive                    |
| <input type="checkbox"/> High Blood Pressure                | <input type="checkbox"/> Contact Lenses     | <input type="checkbox"/> Cold Sores/Fever Blisters          |
| <input type="checkbox"/> Mitral Valve Prolapse              | <input type="checkbox"/> Emphysema          | <input type="checkbox"/> Blood Transfusion                  |
| <input type="checkbox"/> Artificial Heart Valve             | <input type="checkbox"/> Chronic Cough      | <input type="checkbox"/> Hemophilia                         |
| <input type="checkbox"/> Heart Pacemaker                    | <input type="checkbox"/> Tuberculosis       | <input type="checkbox"/> Sickle Cell Disease                |
| <input type="checkbox"/> Rheumatic Fever                    | <input type="checkbox"/> Asthma             | <input type="checkbox"/> Bruise Easily                      |
| <input type="checkbox"/> Arthritis/Rheumatism               | <input type="checkbox"/> Hay Fever          | <input type="checkbox"/> Liver Disease                      |
| <input type="checkbox"/> Cortisone Medicine                 | <input type="checkbox"/> Latex Sensitivity  | <input type="checkbox"/> Yellow Jaundice                    |
| <input type="checkbox"/> Swollen Ankles                     | <input type="checkbox"/> Allergies or Hives | <input type="checkbox"/> Neurological Disorders             |
| <input type="checkbox"/> Stroke                             | <input type="checkbox"/> Sinus Trouble      | <input type="checkbox"/> Epilepsy or Seizures               |
| <input type="checkbox"/> Diet (Special/Restricted)          | <input type="checkbox"/> Radiation Therapy  | <input type="checkbox"/> Fainting or Dizzy Spells           |
| <input type="checkbox"/> Artificial Joints (hip, knee, etc) | <input type="checkbox"/> Chemotherapy       | <input type="checkbox"/> Nervous/ Anxious                   |
| <input type="checkbox"/> Kidney Trouble                     | <input type="checkbox"/> Tumors             | <input type="checkbox"/> Psychiatric/Psychological Care     |
| <input type="checkbox"/> Sleep Apnea/Airway Issues          | <input type="checkbox"/> GI/Reflux          |   |

6. Do you use more than two pillows to sleep? ☐ Yes ☐ No

7. Have you lost or gained more than 10 pounds in the past year? ☐ Yes ☐ No

8. Do you have or have you had any disease, condition, or problem not listed? If yes please list: ☐ Yes ☐ No

9. **Women:** Are you pregnant? ☐ Yes, \_\_\_\_\_ Months ☐ No Are you nursing? ☐ Yes ☐ No  
Are you taking Birth Control? ☐ Yes ☐ No

I understand the above information is necessary to provide me with dental care in a safe and efficient manner. I have answered all questions to the best of my knowledge. Should further information be needed, you have my permission to ask the respective health care provider or agency, who may release such information to you. I will notify the doctor of any change in my health or medication.

Patient/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

#### PAYMENT TERMS

I agree to be responsible for payment of all services rendered on my behalf or my dependents. I understand that payment is due at the time of service unless other arrangements have been made. In the event that payment in full is not made at the time of service, I understand that payment shall be due within 30 days from the date of invoice. Should I fail to pay the full amount of the invoice within said time period, I agree to pay interest at the rate of 1% per month on the balance until paid in full.

I further understand that failure to pay the indebtedness in full within 30 days of the date of the invoice will render me in default. In the event that it becomes necessary to employ an attorney for collection, I agree to pay reasonable attorney fees of 33% of the indebtedness owed, and all collection and court costs incurred.  
I have read and understand the payment terms stated above. \_\_\_\_\_ (initial)

Patient: \_\_\_\_\_ Date \_\_\_\_\_

## TEMPOROMANDIBULAR JOINT QUESTIONNAIRE

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

**DIRECTIONS: Check next to the appropriate answer. Provide additional information where necessary**

1. Do you have or have you had any clicking, popping or grating noise in your right jaw joint? ☐ Yes ☐ No  
your left jaw joint? ☐ Yes ☐ No
2. When did you first notice the noise? \_\_\_\_\_
3. Has the noise recently become more pronounced? ☐ Yes ☐ No  
When? \_\_\_\_\_
4. Do you have pain in or around the right joint? ☐ Yes ☐ No  
Do you have pain in or around the left joint? ☐ Yes ☐ No
5. When did you first notice the pain? \_\_\_\_\_
6. Has the pain recently become more pronounced? ☐ Yes ☐ No  
When? \_\_\_\_\_
7. Is the pain worse: ☐ Mornings \_\_\_\_\_ ☐ At meals \_\_\_\_\_  
☐ Evenings \_\_\_\_\_ ☐ No specific time \_\_\_\_\_
8. Is the pain: ☐ Dull \_\_\_\_\_ ☐ Continuous \_\_\_\_\_  
☐ Stabbing \_\_\_\_\_ ☐ Intermittent \_\_\_\_\_  
☐ Throbbing \_\_\_\_\_ ☐ Other \_\_\_\_\_
9. Does the pain sometimes feel like it is in your ear? ☐ Yes ☐ No
10. Do you think this problem has affected your hearing? ☐ Yes ☐ No
11. Does your jaw problem interfere with your normal activities? ☐ Yes ☐ No
12. Are you taking or have you taken medication for this problem? ☐ Yes ☐ No  
Explain: \_\_\_\_\_  
\_\_\_\_\_
13. Did anything occur which might be related to the onset of this problem? ☐ Yes ☐ No  
Explain: \_\_\_\_\_  
\_\_\_\_\_
14. Do you have frequent headaches or neckaches? ☐ Yes ☐ No  
What area? \_\_\_\_\_  
How frequent? \_\_\_\_\_
15. Have you ever had a severe blow or trauma to the head, neck, or jaw? ☐ Yes ☐ No  
What area? \_\_\_\_\_  
Explain: \_\_\_\_\_  
\_\_\_\_\_
16. a. What makes the pain worse?  
\_\_\_\_\_  
\_\_\_\_\_
- b. What makes the pain better?  
\_\_\_\_\_  
\_\_\_\_\_

17. Do you have difficulty chewing? ☐ Yes ☐ No  
because of: ☐ Pain in joint ☐ Limited opening  
☐ Pain in teeth ☐ Missing teeth  
☐ Clicking ☐ Other
18. Has your mouth ever locked open so you were unable to close it? ☐ Yes ☐ No  
Explain: \_\_\_\_\_  
\_\_\_\_\_
19. Have you had problems opening your mouth wide? ☐ Yes ☐ No  
Explain: \_\_\_\_\_  
\_\_\_\_\_
20. Please indicate the time sequence in which you became aware of the following problems (1st, 2nd, 3rd, etc.) Number only those problems which apply to you.  
Pain: \_\_\_\_\_ Noise: \_\_\_\_\_ Limited opening: \_\_\_\_\_ Locking: \_\_\_\_\_ Other: \_\_\_\_\_
21. Which aspects of your problem concern you the most? What is your chief concern? Please be specific.  
\_\_\_\_\_  
\_\_\_\_\_
22. Are you aware of clenching your teeth? ☐ Yes ☐ No
23. Do you grind your teeth? ☐ Yes ☐ No  
When? \_\_\_\_\_
24. Has there been a recent change in your lifestyle such as a change in marital status, childbirth, change of employment, death in immediate family or other stressful events? ☐ Yes ☐ No  
Explain: \_\_\_\_\_  
\_\_\_\_\_
25. Do you think nervous tension seems to affect this problem? ☐ Yes ☐ No  
Explain: \_\_\_\_\_  
\_\_\_\_\_
26. Have you had this problem with other joints? ☐ Yes ☐ No  
Explain: \_\_\_\_\_
27. Have you had orthodontic treatment? ☐ Yes ☐ No  
When? \_\_\_\_\_ Where? \_\_\_\_\_
28. Have you had recent dental treatment? ☐ Yes ☐ No  
When? \_\_\_\_\_ Where? \_\_\_\_\_  
Explain: \_\_\_\_\_
29. Have you had x-rays taken for this problem? ☐ Yes ☐ No  
When? \_\_\_\_\_ Where? \_\_\_\_\_
30. Have you received previous treatment for this problem? ☐ Yes ☐ No  
When? \_\_\_\_\_ Where? \_\_\_\_\_
31. Do you have trouble sleeping? Do you snore, have sleep apnea or airway issues? ☐ Yes ☐ No  
Please explain: \_\_\_\_\_
32. Do you wish to add to the above information? ☐ Yes ☐ No  
\_\_\_\_\_  
\_\_\_\_\_

## TREATMENT HISTORY

PLEASE LIST ALONG WITH REQUESTED INFORMATION **ANY AND ALL** DOCTORS AND/OR THERAPISTS SEEN FOR THIS **AND/OR ANY RELATED PROBLEM(S)**. IF YOU HAVE BEEN IN AN AUTOMOBILE ACCIDENT, LIST ALL DOCTORS AND/OR THERAPISTS SEEN AND TREATMENT RENDERED.

DOCTOR	APPROXIMATE DATE	TEST(S) RUN OR TREATMENT RENDERED	RESULTS

Clinician Name \_\_\_\_\_  
 Address \_\_\_\_\_

# TMJ SCALE™



This questionnaire is designed to help your doctor evaluate your problem. Please answer all questions as honestly as possible. Mark answers clearly, filling in the bubble for your selection completely and erasing completely any changes. Make no marks outside answer spaces. **Do not skip any questions, even if you are not absolutely sure.**

Initials: \_\_\_\_\_

Last Six Numbers of Social Security No. \_\_\_\_\_

Today's Date: \_\_\_\_\_

Age: \_\_\_\_\_

Sex (Mark one) ① Male ② Female

Marital Status: ① Single  
 (Mark one) ② Married  
 ③ Separated

④ Divorced  
 ⑤ Widowed  
 ⑥ Remarried

Ethnic/ Racial ① Black ④ White  
 Group (Mark one) ② Hispanic ⑤ Other  
 ③ Asian

Number of School Years (mark one) ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩  
 ⑪ ⑫ ⑬ ⑭ ⑮ ⑯ ⑰ ⑱ ⑲ ⑳

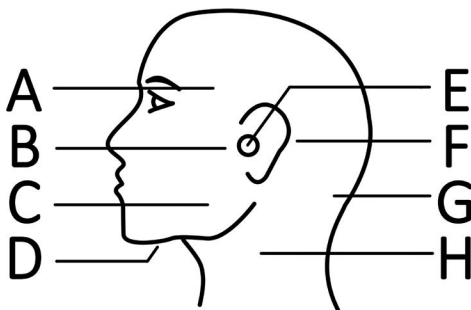
Problem Length ① None ③ 1-5 Months ⑤ 1-2 Years ⑦ 6-10 Years  
 (Mark One) ② Less Than 1 Month ④ 6-11 Months ⑥ 3-5 Years ⑧ 10+ Years

1. This question should only be answered if you have upper and lower front teeth or are wearing a replacement for them. Open your mouth as wide as possible and position your hand as shown in the diagram below. Place as many fingers as possible between your upper and lower front teeth. Now **mark one number** below indicating the **number of fingers**.



- |                    |   |
|--------------------|---|
| Less than 1 finger | ① |
| At least 1 finger  | ② |
| At least 2 fingers | ③ |
| At least 3 fingers | ④ |
| At least 4 fingers | ⑤ |

For questions #2-8 below, locate each area on your face (except F) using the lettered diagram. Press each area firmly on both sides of your face. **Mark the number** that indicates the **maximum amount of pain** you feel.



- |                     |   |
|---------------------|---|
| No pain             | 0 |
| Slight pain         | 1 |
| Moderate pain       | 2 |
| Quite a bit of pain | 3 |
| Extreme pain        | 4 |

- |  |         |
|--|---------|
| 2. Pressing my temples (A on diagram)                            | ① ② ③ ④ |
| 3. Pressing my jaw joints (B on diagram)                         | ① ② ③ ④ |
| 4. Pressing my jaw muscles (C on diagram)                        | ① ② ③ ④ |
| 5. Pressing the muscles under the sides of my jaw (D on diagram) | ① ② ③ ④ |
| 6. Pressing in my ears (E on diagram)                            | ① ② ③ ④ |
| 7. Pressing the back of my neck (G on diagram)                   | ① ② ③ ④ |
| 8. Pressing the sides of my neck (H on diagram)                  | ① ② ③ ④ |

Mark the number which best describes **how much of the time** each statement below applies to you, using the following key:

None of the time 0  
A little of the time 1  
A moderate amount of the time 2  
Quite a bit of the time 3  
All of the time 4

9. Just a light touch on my face causes shock-like pain	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
10. My jaw must click or pop before I can open it wide	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
11. My jaw opens all the way without any sideways movements	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
12. My jaw locks open	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
13. I have headaches which begin after seeing flashes of light or dark spots	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
14. My jaw moves easily	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
15. I have health problems which haven't responded to treatment	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
16. I have pain in my jaw joint(s) (B on diagram)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
17. My jaw tires easily when chewing	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
18. I have headaches which are made worse by bright light	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
19. It hurts my teeth when I bite	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
20. I have muscle or joint pain in areas other than my head or neck	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
21. I can move my jaw more to one side than to the other	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
22. I feel tense and worried	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
23. I have drainage from my ear(s)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
24. I feel sad and depressed	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
25. I clench my teeth	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
26. My bite feels comfortable	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
27. I have jaw pain which gets worse the more I move my jaw	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
28. It is difficult to find a comfortable position for my jaw	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
29. I have pain in my ear(s) (E on diagram)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
30. I have sinus problems	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
31. When I bite down normally, my front teeth touch	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
32. During my life, I've had many different painful disorders	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
33. I have facial pain which comes on suddenly like electric shocks	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
34. I can open my mouth as far as possible without pain	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
35. I have pain in or behind my eye(s)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
36. My jaw makes a grating or grinding noise when it opens and closes	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
37. I think my bite is off	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
38. I have pain which gets worse with stress or tension	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4

Mark the number which best describes **how much of the time** each statement below applies to you, using the following key:

- None of the time 0  
A little of the time 1  
A moderate amount of the time 2  
Quite a bit of the time 3  
All of the time 4

39. My jaw clicks or pops when I chew	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
40. I can bite down hard without pain in my jaw	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
41. One painful problem is followed by another	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
42. I have jaw pain which makes me feel sick and feverish	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
43. I grind my teeth during the day	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
44. I have numb areas on my face	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
45. I use nerve pills, sleeping pills, or alcohol for relief	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
46. I can move my jaw smoothly	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
47. I can chew without bumping my teeth unexpectedly	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
48. I have a feeling of pins and needles on my face	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
49. I have pain in my jaw muscles (C on diagram)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
50. I have pain in the back of my neck (G on diagram)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
51. Over the years, I've been under a lot of stress	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
52. My jaw twitches or jerks uncontrollably	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
53. When I bite down normally, my back teeth touch	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
54. The way my front teeth fit seems to be changing	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
55. A light touch on one side of my face causes shock-like pain on the other	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
56. I have ringing in my ear(s)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
57. I have pain which gets worse with certain people or situations	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
58. I have pain in the side(s) of my neck (H on diagram)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
59. I have a steady pain across my forehead	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
60. I have many changing pains	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
61. I feel angry	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
62. Other people notice noise from my jaw when I chew	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
63. I can chew food as well as I used to	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
64. I have health problems which seem to be getting worse	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
65. I have pain in the muscles under my jaw (D on diagram)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
66. I have pain in my temple(s) (A on diagram)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
67. I feel anxious	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
68. I can open my mouth as wide as I used to	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4



Mark the number which best describes **how much of the time** each statement below applies to you, using the following key:

None of the time 0  
A little of the time 1  
A moderate amount of the time 2  
Quite a bit of the time 3  
All of the time 4

69. The way my back teeth fit seems to be changing	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
70. I sleep well	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
71. I have head or facial pain which gets worse when I bend over	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
72. When I touch one side of my face, the other side gets numb	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
73. My jaw gets stuck and won't open all the way	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
74. The only real problems in my life are problems with my physical health	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
75. I've had conflicting doctors' opinions about health problems	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
76. I can move my jaw in any direction without pain	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
77. I have facial pain which gets worse in cold weather	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
78. I feel frustrated	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
79. I have a stuffy nose	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
80. Recently I've been under a lot of stress	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
81. I have headaches which make me feel sick to my stomach	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
82. I can take big bites of things like apples	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
83. I have work or family pressures	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
84. I have pain and stiffness in my finger joints	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
85. My back teeth feel like they fit properly	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
86. I believe I have an incurable problem in spite of reassurance by doctors	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
87. In the morning my teeth are sore <b>and</b> my jaw is tired	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
88. My ears feel blocked or stopped up	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
89. I have many health problems	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
90. My jaw moves just as far forward as it used to	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
91. I have difficulty swallowing	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
92. I have pain behind my ear(s) (F on diagram)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
93. I have facial pain when other joints are also sore	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
94. I have nervous problems	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
95. I have throbbing headaches	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
96. I feel dizzy	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
97. I consider myself to be a sickly person	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4

## INSURANCE INFORMATION

Please complete the information below so that we may help determine if you have any benefits available. Thank you!

### DENTAL INSURANCE

Insurance Company:\_\_\_\_\_ Phone:\_\_\_\_\_

Insurance Company's Address:\_\_\_\_\_

Insured's Name:\_\_\_\_\_ Insured's ID#: \_\_\_\_\_

Group #:\_\_\_\_\_ Insured's SS#:\_\_\_\_\_

Insured's Date Of Birth: \_\_\_\_\_ Employer Name:\_\_\_\_\_

Insured's Address:\_\_\_\_\_

### DENTAL INSURANCE

Insurance Company:\_\_\_\_\_ Phone:\_\_\_\_\_

Insurance Company's Address:\_\_\_\_\_

Insured's Name:\_\_\_\_\_ Insured's ID#: \_\_\_\_\_

Group #:\_\_\_\_\_ Insured's SS#:\_\_\_\_\_

Insured's Date Of Birth: \_\_\_\_\_ Employer Name:\_\_\_\_\_

Insured's Address:\_\_\_\_\_

### 3<sup>rd</sup> PARTY INFORMATION (Worker's Comp., MVA, etc.)

Insurance Company:\_\_\_\_\_ Claim #/ID#: \_\_\_\_\_

Contact person:\_\_\_\_\_ Phone#: \_\_\_\_\_

Fax #:\_\_\_\_\_

Attorney's Name:\_\_\_\_\_ Phone#: \_\_\_\_\_

Address:\_\_\_\_\_

# INFORMED CONSENT FOR DIAGNOSIS AND TREATMENT OF TEMPOROMANDIBULAR DISORDER PATIENTS AT THE OFFICE OF DR. GLENN M. KIDDER

## OVERVIEW

Orofacial pain disorders, including temporomandibular disorders, can involve a number of different conditions affecting jaws, teeth, jaw joints, muscles, and/or related structures of the head, face and mouth. Disorders of the temporomandibular joint can mimic other dental and medical problems. Because diagnosis and treatment of these conditions are usually complex and multifaceted, a great deal of information is required in order to properly identify the precise problem. The following will outline and discuss the steps that may be necessary to diagnose and treat your specific condition(s):

### I. Initial Diagnosis

The first step requires information gathering in an attempt to properly diagnose, and if necessary, properly treat your problem. In order to make that determination, we usually undertake the following:

- Obtain a detailed medical, dental, and present illness history;
- Perform a comprehensive head, neck, and oral physical exam;
- Obtain diagnostic x-rays and/or soft tissue images (MRI) of the temporomandibular joints;
- Administer psychometric testings (TMJ SCALE);
- For most conditions, mounted study casts of your teeth and jaw relation may be necessary.

### II. Initial Symptomatic Care and Further Diagnostic Procedures

The next step involves a combination of treatment modalities which are designed to attempt to relieve your symptoms and more precisely diagnose your problem. Normally, conservative methods will be attempted first, and more invasive procedures will be utilized only if necessary. The number of different procedures that may be necessary to diagnose or treat your problem demonstrate that conditions are usually complex and that each person's response to treatment may be different. Treatment can be lengthy and frustrating. Your cooperation and best efforts will be necessary during the diagnostic process. Further evaluations may include pain management interviews and psychological testing and consultations with medical or other dental specialists.

### III. Treatment including the Orthopedic appliance ( occlusal Splint, orthotic)

Treatment may include patient education, medications, stress management including relaxation techniques and biofeedback, physical therapy including home exercises and postural training, orthopedic appliance therapy, occlusal adjustment, and/or surgery.

In many cases an orthopedic appliance ( a plastic mouthpiece) will be used as a device to treat your problem. The purpose of the device includes the following:

- To protect the teeth from the effects of clenching, grinding, and other habits which may be contributing to your problem
- To help your muscles relax and your jaw adapt to a stabilized position
- To reduce joint and muscle symptoms and improve limited jaw motion
- To redistribute occlusal forces
- The splint also acts as a diagnostic aid

Sometimes your symptoms may get worse initially with the use of the orthopedic appliance. If the appliance is broken, it may cause teeth to shift, or may cause cuts or abrasions in your mouth. Inform your doctor immediately of breakage. The splint may warp or distort if it is dried out or is heated. Clean the splint by brushing it with tooth paste or dental cleaner. Do NOT use this splint without supervision by your doctor.

Your bite may change as your muscles relax and your jaw realigns. This usually requires adjustment of the splint. Some of your symptoms may be relieved while other may not. The amount of time you will be required to use the splint varies (full time or nights only) depending on the type and severity of the disorder.

#### **IV. Complications and Risks of Treatment**

Each patient's response to treatment can be different. The following conditions are known to have happened during the above mentioned treatment procedures, although most of them are rare:

- Additional changes in the temporomandibular joints causing pain, noise (clicking, popping and crepitus) or locking.
- Muscle pain and increased muscle activity in the head, face, neck, shoulder and back. Change in the way your teeth meet requiring additional dental treatment to reestablish a comfortable bite including occlusal adjustment, orthodontic therapy, restorations (fillings, crowns and bridges) and/ or surgery.
- Painful, decayed, broken or loosened teeth or dental restorations requiring dental treatment.
- Periodontal problems resulting in bone loss and/or lost teeth requiring appropriate treatment.
- Additional medical and dental risks that have not been mentioned may occur

The best therapeutic improvement is a result of good patient-clinician communication. Please call our office anytime there is a problem or question about treatment.

I acknowledge that I have read, reviewed, and understand this form. I further acknowledge that I have asked questions about any item which I do not understand and all my questions have been answered. I understand that no warranties or guarantees have been made concerning my treatment or the results of the treatment.

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Signature of Patient

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Date

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Signature of Witness, If Utilized

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Date

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Signature of Doctor

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Date

Glenn M. Kidder, DDS  
12036 Justice Ave.  
Baton Rouge, LA 70816  
(225) 292-4158

## PATIENT CONSENT FORM

I understand that I have certain rights to privacy regarding my protected health information. These rights are given to me under the *Health Insurance Portability and Accountability Act of 1996* (HIPPA). I understand that by signing this consent I authorize you to use and disclose my protected health information to carry out:

- Treatment (including direct or indirect treatment by other healthcare providers involved in my treatment);
- Obtaining payment from third party payers (e.g. my insurance company);
- The day-to-day healthcare operations of your practice.

I have also been informed of, and given the right to review and secure a copy of your *Notice of Privacy Practices*, which contains a more complete description of the uses and disclosures of my protected health information, and my rights under HIPPA. I understand that you reserve the right to change the terms of this notice from time to time and that I may contact you at any time to obtain the most current copy of this notice.

I understand that I have the right to request restrictions on how my protected health information is used and disclosed to carry out treatment, payment, and healthcare operations, but that you are not required to agree to these requests restrictions. However, if you do agree, you are then bound to comply with this restriction.

I understand that I may revoke this consent, in writing, at any time. However, any use or disclosure that occurred prior to the date I revoke this consent is not affected.

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_.

Relationship to Patient: \_\_\_\_\_

Signature: \_\_\_\_\_